



GUILDERLAND

LACROSSE

Questions? Email
guilderlandyouthlax@gmail.com

Scan here for Registration

SPRING 2026 REGISTRATION IS OPEN through March 1, 2026

Spring Program Fees

Grades K- 2 \$100 + US Lacrosse Membership* +
Team Pinnie Purchase**

Grades 3 - 6 \$150 + US Lacrosse Membership* +
Team Pinnie Purchase**

*US Lacrosse membership number is required for registration.
Membership is good for one year. To purchase a US Lacrosse
Membership, visit www.uslacrosse.org

**NEW for Spring 2026 all players will be required to order their
jersey through Novus. Link to purchase provided after registration.
Registration fee has been reduced to account for the cost of ordering a jersey.

Girls Spring 2026 Grades K-6

Practices Begin Mon 4/13/2026

Girls K-2: Practices Mon/Wed 6p-7:30p at DiCaprio
Park

Girls 3-6: Practices Mon/Wed 6p-7:30p at DiCaprio
Park

Girls will have approximately 4 - 5 weekend
games/tournaments throughout the season beginning
weekend of 4/25

Schedule to be sent out once the season begins.

Required Equipment: Mouth guard, goggles, stick,
sneakers or cleats. Helmet recommended but not
required.

Boys Spring 2026 Grades K-6

Practices Begin Mon 4/13/2026

Boys K-2: Practices Mon/Wed 6p-7:30p at DiCaprio Park

Boys 3-6: Practices Mon/Wed 6p-7:30p at DiCaprio Park

Grades K - 2 will have approximately 3-4 weekend
games/tournaments throughout the season.
Grades 3 - 6 will have games/tournaments typically on
Saturdays.

Required Equipment: Boys helmets, shoulder/chest
pads, elbow pads, gloves, stick, mouth guard and
sneakers or cleats .

Rental equipment is available on a limited basis.
Preference is given to younger or new players. Available
rental equipment includes boys helmets,
shoulder/chest pads, elbow pads, and gloves.

Optional Preseason Practices may be held in March 2026 (weather permitting) with details to be sent after March 1, 2026

Meet GYL at the Guilderland Public Library for uniform sizing

Sat. Jan. 31st 2-4pm Normanskill Room

Tues. Feb. 17th 11am-1pm Normanskill Room

Sun. March 1st 1:30-3:30pm Helderberg Room

This flyer is being distributed by the Guilderland Central School District as a community service to students and parents for informational purposes only. This program is not affiliated with nor endorsed in any way by the Guilderland Central School District.