



Guilderland

Central School District



Continuing Education

Fall Session: 2026

- Classes begin: Sept. 14 (See back cover for registration deadlines)
- Register online Aug. 24-Sept. 4 at <https://guilderland.revtrak.net>



www.guilderlandschools.org/academics/continuing-education

REGISTRATION DETAILS

ELIGIBILITY REGISTRATION PROCEDURE

Courses are open to all persons in the Capital District Region age 18 and over unless otherwise stated. You should consult your physician before participating in any dance or exercise program. Enrollment priority is given to Guilderland Central School District residents. **NO PHONE REGISTRATIONS.**

TO REGISTER: Either you may register online at **<https://guilderland.revtrak.net>**

OR you may register by mail. For EACH REGISTRANT and EACH COURSE, fill out the enclosed registration form, enclose the correct fee, make separate checks FOR EACH COURSE

payable to Guilderland CSD and send to (**POSTMARKED NO LATER THAN SEPTEMBER 4, 2026**):

Guilderland Central School District
Attn: Julie Adamec
Continuing Education
PO Box 18
Guilderland Center, NY 12085

CONFIRMATION OF CLASSES

CONFIRMATION of registration will **NOT** be sent to registrants. Please check our website for class confirmation at www.guilerlandschools.org/academics/continuing-education/

Only classes will be listed, **NOT** individual registrants.

REFUND POLICY

Your continuing education program is a self-sustaining program with all expenses paid out of registration fees. A class may be cancelled and checks will be returned to registrants IF enrollment does not cover the cost of the course. For online registrations, we would process refunds directly to your credit card. No refunds will be given after classes have started. If a registrant cancels prior to the start of the first class, a refund, less a \$10 cancellation fee, will be given. No refunds will be given for one or two-night courses after registration closes. Please be advised that refunds may take three to four weeks to process. No school credit is given for any course.

CLASS TONIGHT?

Whenever the district schools are closed due to inclement weather or for other emergency reasons, classes will not meet that night. Announcements concerning closing of evening adult programs will be broadcast over radio stations: WGY, WROW, WTRY. In addition, this information can be found on the district website at www.guilerlandschools.org and the Public Access Channel 16.

SENIOR CITIZEN POLICY (Age 60 and over)

Seniors residing in the Guilderland CSD are permitted to enroll in most Continuing Education classes at a **50% discount**. Senior citizens should X the "YES" box next to "Senior Citizen" on the registration form. Senior citizens WILL be required to pay the regular registration fee for courses if the fees are needed to maintain self-sufficiency.

QUESTIONS?

Call the Continuing Education Office at **518-720-3573** or visit us at www.guilerlandschools.org/academics/continuing-education/

Continuing Education at Guilderland CSD offers online registration with credit card payment. Online registration with a credit card is the fastest way to secure your spot in upcoming classes.

Check payments may also be mailed in. Registration forms (page 10) should be filled out and mailed to us with your check payment. The full brochure and registration forms will be posted to our website.

For those without computer access, you may call to request a brochure to be mailed. Brochures are also available in your local library.

***** Registrations MUST be postmarked by
SEPTEMBER 4, 2026 to be accepted *****

*When Attending Class
Please Enter the Building Through the
Main Entrance Center Driveway*

CALENDAR

September

Mon	Tues	Wed	Thur	Fri
X	X	X	X	X
X	X	X	X	X
14	15	16	X	18
X	22	23	24	25
28	29	30	X	X

October

Mon	Tues	Wed	Thur	Fri
X	X	X	1	X
5	6	7	8	9
X	13	14	15	16
19	20	21	22	23
26	27	28	29	30

November

Mon	Tues	Wed	Thur	Fri
2	X	4	5	6
9	10	X	12	13
16	17	18	19	20
23	24	X	X	X
30				

December

Mon	Tues	Wed	Thur	Fri
X	1	2	3	4
X	X	X	X	X
X	X	X	X	X
X	X	X	X	X
X	X	X	X	X

X = No Continuing Education Classes held at any Guilderland Central School District sites.

Classes at off-District sites will still be held.

**ACRYLIC LANDSCAPE PAINTING COURSE:
EXPLORING NATURE THROUGH COLOR**

Course designed for beginners and intermediate artists to develop landscape painting skills. Students will explore five unique landscape themes while learning essential techniques, including color mixing, layering, blending, perspective, texture, and composition. Participants will complete one finished painting each day.

Day 1: Peaceful Mountain Landscape, **Day 2:** Golden Sunset Beach **Day 3:** Beauty of a Rainy Day: Dramatic skies/clouds, **Day 4:** Autumn Forest Path, **Day 5:** Hidden Paradise: Combining all techniques to paint rocks, water, tropical plants, and finishing details. Learning Outcomes: Students will master acrylic properties, color mixing, and composition, completing five original landscape paintings. **Materials Fee:** There will be a \$30 fee to be paid to the Instructor the first night of class. (Includes use of canvas, paint, brushes, easel, color palette, graphite pencil, and water cup. All shared materials will be returned; students keep their finished paintings.)

Room: GHS Room 23Limit: 30

Instructor: Shweta Shubha

Dates: FRIDAYS 9/18/2026-10/23/2026

Time: 5:30pm—7:30pmSessions: 5

Fee: R \$67RS \$34.50NR \$72RS \$37

ADVANCED TECHNIQUE CARD CLASS

(Intermediate to Advanced: Pre-requisite: Basic stamping knowledge is necessary)

In this class you will create three fall holiday cards using advanced techniques such as thermal embossing, and a fancy fold. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner. All other supplies will be provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

Room: GHS Room 23Limit: 10

Instructor: Joanne Mulligan

Dates: TUESDAY 10/6/2026

Time: 6:00pm-8:00pmSessions: 1

Fee: R \$32RS \$32NR \$37NRS \$37

Instructors Wanted

Do you have a particular hobby or skill? Do you enjoy passing on your knowledge? We are actively seeking new and interesting classes to add to our course offerings. For more information, call 518-720-3573

**BEGINNER GUITAR OR UKULELE:
PLAY YOUR FIRST SONGS IN 4 WEEKS**

Always wished you could play guitar or ukulele but never knew where to start? In this relaxed four-week class, you'll learn a handful of simple chords, easy strumming patterns, and begin playing recognizable songs together with the group. No musical experience is required. This class is designed especially for adults who are completely new, or who may have tried years ago and want to start again in a supportive, low-pressure environment. Instructor Don Warren, founder of Warren Music Academy, has decades of experience helping beginners quickly feel comfortable and make real progress.

Room: GHS Choir RoomLimit: 30

Instructor: Don Warren of Warren Lessons

Dates: MONDAYS 10/19/2026—11/9/2026

Time: 7:00pm—8:00pmSessions: 4

Fee: R \$42RS \$42NR \$47NRS \$47



CHARCUTERIE BOARD WORKSHOP

Create a stunning charcuterie board in this hands-on workshop! Learn how to select and style cheeses, meats, fruits, and accompaniments for beautiful presentation and flavor balance. Perfect for entertaining or gifting. All materials are provided, just bring your creativity and appetite! **There is a \$50.00 Materials Fee that will be due to the instructor the first night of the class.**

Room: GHS Small CaféLimit: 20

Instructor: Gunish Gujral of Graze Praise

Dates: WEDNESDAY 10/21/2026

Time: 6:00pm—8:00pmSessions: 1

Fee: R \$32RS \$32NR \$37RS \$37



All classes are held at Guilderland High School
UNLESS noted otherwise.

CHINESE LANGUAGE

In this fun easy to understand class, you will learn from a native Chinese speaker, Ms. Chou. We will quickly learn useful daily life words. We will cover basic sounds and phrases using tools and visual aids. The course fee includes the worksheets.

Room: GHS Room 607

Limit: 10

Instructor: Maria Chou

Dates: TUESDAYS 9/15/2026– 10/13/2026

Time: 6:30pm-8:30pm

Sessions: 5

Fee: R \$67

RS \$34.50

NR \$72

NRS \$37

CHRISTMAS CARD CLASS

(Advanced: Intermediate to Advanced)

Your friends and family will love receiving beautiful Christmas cards handmade by you! In this class you will be creating three Christmas cards using rubber stamp images, inks, and specialty paper. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner with all other supplies will be provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

Room: GHS Room 23

Limit: 10

Instructor: Joanne Mulligan

Dates: TUESDAY 11/10/2026

Time: 6:00pm-8:00pm

Sessions: 1

Fee: R \$32

RS \$32

NR \$37

NRS \$37

CHRISTMAS CARD CLASS

(Beginner to Advanced)

In this class you will be making Christmas cards using advanced techniques such as thermal embossing and fancy folds. Due to the complexity of the cards, we will only be making three cards. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner, with all other supplies provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com

Room: GHS Room 23

Limit: 10

Instructor: Joanne Mulligan

Dates: TUESDAY 10/27/2026

Time: 6:00pm-8:00pm

Sessions: 1

Fee: R \$32

RS \$32

NR \$37

NRS \$37

BASKETBALL/VOLLEYBALL LEAGUES

Do you have a group of friends who want to get together? There are spaces available in different district gyms for your league.

CREATIVE WRITING WORKSOP

This creative writing workshop is intended for students of all ability levels. Topics in creative prose fiction writing will be explored through discussion, assignments, and peer review. Reader experiences of our work provide tailored feedback for learning and improving student writing. By the end of this course, students will have built upon their creative writing skills, practice the use of research to inform their creative work, given and received constructive feedback, and will have explored the creative process together and individually. *Proficiency in the use of Microsoft Word and exchanging assignments with the class through email is a prerequisite.*

Room: GHS Room 603

Limit: 8

Instructor: Bill Laremore

Dates: WEDNESDAY 9/23/26 –11/18/26

**** (No Class 10/14/26) ****

Time: 6:00pm-8:00pm

Sessions: 7

Fee: R \$72

RS \$37

NR \$77

NRS \$39.50

DOCUMENTING CARE AT HOME

Life can change in an instant. When a loved one faces a serious illness, injury or medical condition, keeping track of appointments, treatments, medications and daily care can quickly become overwhelming. Developed by Valerie Falzo while caring for a friend with cancer, Documenting Care at Home is a practical, easy-to-use system designed specifically for individuals with little-or-no healthcare background. The program provides an organized approach to documenting and coordinating care at home using copy-righted ready-to-use forms, instructional videos and live instruction. Participants will learn how to document and organize care provided at home, track appointments, procedures, medications and other important medical information, and create a personalized record-keeping system that can be adapted as needs change. The course also demonstrates how structured documentation can improve communication among caregivers, family members and healthcare providers. This flexible program is not an “all-or-nothing” system. Participants can select the documents and tools that best match their current needs and modify them as circumstances change. Please visit documenting-careathome.com. **A \$15 materials fee will be due to the instructor the first night of class.**

Room: GHS Room 603

Limit: 20

Instructor: Valerie Falzo

Dates: WEDNESDAY 9/16/2026

Time: 6:00pm—9:00pm

Sessions: 1

Fee: R \$42

RS \$42

NR \$47

NRS \$47

R = Resident

RS = Resident Senior

NR = Non Resident

NRS = Non Resident Senior

ESSETRICS® STRETCH AND TONE

This is a dynamic stretching routine that will lengthen and tone. The focus is on rebalancing, improving posture and using safe alignment in movement. Based on eccentric strengthening, which stretches the muscles and strengthens them in the elongated position, ESSETRICS® will make your entire body strong, flexible, and agile. This is a weight-free workout that consists of standing, floor work and/or barre work. Please bring a mat. No special shoes required, this is a barefoot workout. Optional: small cushion, and a band/strap (a towel works, if no band or cushion).

Room: Sept/Oct: GHS LGI**Limit: 25****Room: Nov/Dec: GHS Large Café****Instructor: Theresa Riley, Certified Essentrics®****Instructor Level 4****Dates: THURSDAYS 9/24/2026—12/3/2026****Time: 6:00 pm—7:00 pm****Sessions: 10****Fee: R \$67 RS \$34.50 NR \$72****NRS \$37****GERMAN CONVERSATION**

In this course our focus will be on speaking German through use of dialogs, texts, and games. We will review lots of basic phrases and start learning how to tell stories about our lives using the past tense. **This class is NOT for absolute beginners. **There will be a \$5.00 materials fee due to the instructor the first night the class begins. ****

Room: GHS Room 605**Limit: 16****Instructor: Lisa Jiardini****Dates: TUESDAYS 10/6/2026—11/24/2026****Time: 6:00pm-8:00pm****Sessions: 7****Fee: R \$72 RS \$37 NR \$77****NRS \$39.50****GET PAID TO TALK /AN INTRODUCTION TO VOICEOVER**

From audio books to advertisements and beyond, we encounter recorded voices everywhere! In this one-night class, your instructor will take you behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. You'll gain inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. You'll also have an opportunity to record a sample professional voice over under the direction of the instructor. About The Instructor: Learn more at voicecoaches.com

Room: GHS Room 603**Limit: 25****Instructor: Anna Bourgeois****Dates: MONDAY 11/30/2026****Time: 6:30pm-9:00pm****Sessions: 1****Fee: R \$37 RS \$37 NR \$42****NRS \$42****GREETING CARD CLASS****(Beginner and Advanced Levels)**

In this class you will create three cards suitable for several occasions, such as Sympathy, Thank You, and Thinking of You. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner, with all other supplies provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

Room: GHS Room 23**Limit: 10****Instructor: Joanne Mulligan****Dates: TUESDAY 9/22/2026****Time: 6:00pm-8:00pm****Sessions: 1****Fee: R \$32****RS \$32****NR \$37****NRS \$37****HEALTHCARE AFTER RETIREMENT, PART 1**

Do you know what to expect when it comes to Medicare? Did you know Medicare is mandatory for those collecting Social Security and it will likely be your greatest expense in retirement? If you or someone you know is turning 65, ready to retire, or losing your employer plan, this course will help you discover an understanding of Medicare. From part A to IRMAA, learn the fundamentals of how each section of Medicare works in this hands-on class aimed at making complex information easy to understand.

Room: GHS Room 605**Limit: 25****Instructor: Mike Stanton****Dates: THURSDAY 10/15/2026****Time: 6:15pm-7:45pm****Sessions: 1****Fee: R \$32****RS \$32****NR \$37****NRS \$37****HEALTHCARE AFTER RETIREMENT, PART 2**

An educational course to help you understand the differences between advantage, supplemental, and prescription drug plans. This is the second class in the Healthcare series.

Room: GHS Room 603**Limit: 25****Instructor: Mike Stanton****Dates: MONDAY 10/19/2026****Time: 6:15pm-7:45pm****Sessions: 1****Fee: R \$32****RS \$32****NR \$37****NRS \$37****Class Confirmations****Visit:****www.guilderlandschools.org/academics/continuing-education/****R = Resident****RS = Resident Senior****NR = Non Resident****NRS = Non Resident Senior**

HEALTHY HABITS FOR WEIGHT LOSS

Join Lisa Battisti, MS, RDN, E-RYT 500, C-IAYT for this nutrition class if you are interested in learning how to change your habits to help with weight loss. Set realistic goals and develop a plan to reach your goals with the guidance of a Registered Dietitian.

Room: VIRTUAL

Limit: 25

Instructor: Lisa Battisti

Dates: THURSDAY 9/24/2026

Time: 6:00pm-7:30pm

Sessions: 1

Fee: R \$32

RS \$32

NR \$37

NRS \$37



HEART HEALTH NUTRITION & MEDITATION

Join Lisa Battisti, MS, RDN, E-RYT 500, C-IAYT for this class all about the best eating habits for heart health and enjoy a meditation designed to help manage stress and lower blood pressure to help improve heart health and overall wellbeing.

Room: VIRTUAL

Limit: 25

Instructor: Lisa Battisti

Dates: THURSDAY 11/19/2026

Time: 6:00pm-7:30pm

Sessions: 1

Fee: R \$32

RS \$32

NR \$37

NRS \$37

ITALIANO UNO/1 BEGINNERS

Basic grammar and conversation, everyday life in Italy, including pop culture, geography, some history, and of course, food! Everything you need to know if planning to visit il Bel Paese, discover more about your roots, or start the amazing adventure of learning the most beautiful language in the world! Suggested but not required textbook "Easy Italian Step by Step" (McGraw Hill, available also used). Your teacher is ACTFL certified, and she was born, raised, and educated in Italy. **The password to this class is DIVERTIMENTO.**

Room: GHS Library Classroom

Limit: 25

Instructor: Alessandra Gherlani Rastegar

Dates: TUESDAYS 9/15/2026—11/24/2026

Time: 6:00pm—8:00pm

Sessions: 10

Fee: R \$87

RS \$44.50

NR \$92

NRS \$47

BASKETBALL / VOLLEYBALL LEAGUES

Do you have a group of friends who want to get together? There are spaces available in different district gyms for your league.

MASTERING YOUR DIGITAL CAMERA-PART 1

Stop using auto mode and get the most out of your DSLR or mirrorless camera! This course is for photographers with little or no experience with today's digital cameras. We start with the basics and explore how, when and where to change the settings on your camera. You will receive tips on composition and talk about what makes a great photograph. Become a master of the Exposure Triangle and learn how to stop action, capture motion, and purposefully create crisp or blurred backgrounds in your photographs (shutter speed, aperture). Discover the possibilities of your camera, including how to shoot fireworks! Basic flash photography is also covered.

Room: GHS Room 603

Limit: 25

Instructor: Lance Luther

Dates: TUESDAYS 9/15/2026—11/10/2026

Time: 6:30pm-9:00pm

Sessions: 8

Fee: R \$87

RS \$44.50

NR \$92

NRS \$47

NY NOTARY PUBLIC EXAM PREP WORKSHOP (Virtual)

This workshop prepares you for the NYS Notary Public test and will provide you with a comprehensive view of the notary public office. Confusing laws, concepts, and procedures will be clearly explained and clarified. Examples will be provided to illuminate situations that a notary public officer is likely to encounter. Topics include avoiding conflicts of interest, maintaining professional ethics, charging proper fees, handling special situations, when to defer to an attorney, and minimizing legal liability. This workshop is a must for notary public candidates to become fully aware of the authority, duties, and responsibilities involved in this office. All materials will be provided including website links to NYS Dept of State licensing info, 64-pg workbook, and sample forms. Also featured is an 80 question practice exam which attempts to emulate the actual NYS mandatory exam.

Room: VIRTUAL

Limit: 20

Instructor: Victor Bujanow, CIC, CNSA

(Practicing Notary Public for over 25 years)

Dates: WEDNESDAY 10/14/2026

Time: 5:30pm—9:30pm

Sessions: 1

Fee: R \$42

RS \$42

NR \$47

NRS \$47



All classes are held at Guilderland High School

UNLESS noted otherwise.

R = Resident

RS = Resident Senior

NR = Non Resident

NRS = Non Resident Senior

PICTURING NATURE: A PRACTICAL GUIDE TO NATURE PHOTOGRAPHY

Suitable for all levels of photographers with a variety of equipment (including cell phones), this class covers basic elements including light, composition, and focus, and how they apply to close-ups, landscapes, and wildlife photography. We also discuss tools and techniques in the field, and simple editing to bring out the best of your photos!

Room: GHS Room 601Limit: 14

Instructor: Scott Stoner

Dates: TUESDAY 10/6/2026

Time: 6:30pm—8:30pmSessions: 1

Fee: R \$32RS \$32NR \$37NRS \$37

POUND ROCKOUT WORKOUT

A total-core experience disguised as a jam session for all! Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Every time you strike, twist, or throw your Ripstix, the light weight shifts your balance, forcing your core to engage and keep you steady. The moves, positions, and rotations work your core from every angle while you rock out. The workout is easily modifiable, and the alternative vibe and welcoming philosophy appeals to people of all ages and abilities. Ripstix will be provided. You will need to bring your own exercise mat and water (towel optional).

Room: GHS Large CaféLimit: 25

Instructor: Adrienne Kleiber

Dates: MONDAYS 9/14/2026-11/30/26

Time: 6:30pm—7:30pmSessions: 10

Fee: R \$67RS \$34.50NR \$72NRS \$37



Clearing of Checks:

Checks are held until it is determined if the class will run. If cancelled, your check will be returned. All other checks are deposited AFTER the first week of the new session.

Registration Forms:

Each registration must be for ONE person for one course with ONE check for that specific course.

SCOTISH COUNTRY & CEILIDH DANCING 101

Enjoy Scottish culture, history, and music? Looking to unplug and reconnect with a community? Forget about your stressful day while engaging your mind and body? Try Scottish Country Dancing! Social dancing made popular in 18th century Scotland (the days of Outlander!) and still thriving today, it's a great way to meet new people (we change partners for every dance), get moving, keep your brain active, and have fun! You'll learn steps and formations put together into dances. An intro level class with neither experience, nor kilt, nor partner required – everyone is welcome. Soft-soled shoes (jazz, ballet, ghillies) recommended but not required to join in. *This is an active form of dancing – be ready to move!*

Room: GHS LGILimit: 24

Instructor: Bethany Wright

Dates: MONDAYS 9/14/26—10/26/26

Time: 8:00 pm—9:00 pmSessions: 5

Fee: R \$47RS \$47NR \$52NRS \$52

SCOTISH COUNTRY & CEILIDH DANCING 102

Continuing Scottish Country Dance class for returning dancers with previous experience. Bethany Wright is a Scottish Country Dance teacher with training in Scotland and Canada.

Room: GHS LGILimit: 24

Instructor: Bethany Wright

Dates: MONDAYS 9/14/26—10/26/26

Time: 6:45 pm—7:45 pmSessions: 5

Fee: R \$47RS \$47NR \$52NRS \$52

SOCIAL SECURITY

As you approach retirement, when to claim Social Security retirement benefits is one of the biggest financial decisions you'll need to make. Should you begin receiving benefits at your full retirement age or should you take it as soon as possible? In this course, we will summarize the benefits and drawbacks of taking Social Security at each age as well as the factors to help you make a decision.

Room: GHS Room 603Limit: 20

Instructor: Jeff Jones

Dates: MONDAY 11/2/2026

Time: 6:15pm—7:45pmSessions: 1

Fee: R \$32RS \$32NR \$37NRS \$37



STOCKS, BONDS, AND MUTUAL FUNDS

This flagship course has been heard by thousands of people since the launch in 2005. Each year we make adjustments to give you the most up-to-date information. Learn the basics of stocks, bonds, and mutual funds, the true backbone of most portfolios. This informational class will help you understand the differences and similarities of various types of investments and explain “financial lingo”. It will also show you how proper asset allocation will lower your overall risk, understand the benefits of using mutual funds to build a balanced portfolio to plan for a successful retirement. There will be no attempt to promote any specific investments.

Room: GHS Room 605 **Limit:** 20
Instructor: Nick Stark
Dates: THURSDAY 11/12/2026
Time: 6:15pm—7:45pm **Sessions:** 1
Fee: R \$32 RS \$32 NR \$37 NRS \$37

STRENGTH TRAINING AND CONDITIONING

Learn how to make a dramatic change in your body from someone who has done it himself. Participants are provided with a custom-designed fitness program that is both functional & challenging. Whether your goal is to lose weight, increase flexibility, or just boost your general health, this class may be just what you have been looking for. Instructor has successfully lost over 100 lbs. using the same exercise principles you will learn. All fitness levels welcomed. Gain muscle, lose body fat the right way.

Room: GHS Weight Room **Limit:** 20
Instructor: Sean Dollard
Dates: TUES & THURS 9/15/2026—12/3/2026
Time: 7:30pm-9:00pm **Sessions:** 20
Fee: R \$97 RS \$97 NR \$102 NRS \$102

ZUMBA

A mix of high and low-intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, all while incorporating salsa, merengue, reggaeton and other dance styles!!

What to Bring: Water and comfy sneakers! YOU WILL SWEAT!

Room: GHS LGI (SEPT/OCT) **Limit:** 30
Room: GHS Small Café (NOV/DEC)
Instructor: Jessi Johnson
Dates: WEDNESDAYS 9/16/2026—12/2/2026
Time: 6:30pm-7:30pm **Sessions:** 10
Fee: R \$67 RS \$34.50 NR \$72 NRS \$37

WATER LANDSCAPE PAINTING COURSE: DISCOVER THE BEAUTY OF NATURE

Designed for beginners and intermediate artists to learn watercolor fundamentals. Students will master essential techniques—including washes, wet-on-wet, wet-on-dry, glazing, and layering—while painting five distinct landscape scenes. **Day 1:** Peaceful Mountain Landscape, **Day 2:** Golden Sunset by the Lake, **Day 3:** Deer in Sun Rays, **Day 4:** Winter Landscape, **Day 5:** Village Landscape: Composition, storytelling, painting buildings, pathways, and final touches. Students will learn properties of watercolor, master washes and glazing, and complete five original watercolor paintings. **Materials Fee:** There will be a \$20 fee to be paid to the Instructor the first night of class. (Includes a watercolor palette, brushes, graphite pencil, paper towel and 10 sheets of watercolor paper. Students keep their color palette and a new brush; extra brushes will be returned.)

Room: GHS Room 23 **Limit:** 30
Instructor: Shweta Shubha
Dates: FRIDAYS 10/30/2026-12/4/2026
Time: 5:30pm—7:30pm **Sessions:** 5
Fee: R \$67 RS \$34.50 NR \$72 RS \$37

Clearing of Checks:

Checks are held until it is determined if the class will run. If a course is cancelled, your check will be returned. All other checks are deposited AFTER the first week of the new session.

Registration Forms:

Each registration must be for ONE person for one course with ONE check for that specific course.

ZUMBA

Please join me for a high-energy dance fitness class that will make you feel energized, improve coordination, reduce stress, and put a smile on your face. It is an hour that will feel more like a party than a workout. We will dance to Latin and world rhythms like Salsa, Merengue, Cumbia, and Reggaeton, and a few others in a fun, non-judgmental environment. All levels are welcome! All you need to bring is your energy, a water bottle, a supportive pair of sneakers/athletic shoes and wear comfortable workout clothing.

Room: GHS Large Café **Limit:** 30
Instructor: Susan Maider
Dates: WEDNESDAYS 9/16/2026—12/2/2026
Time: 6:00pm-7:00pm **Sessions:** 10
Fee: R \$67 RS \$34.50 NR \$72 NRS \$37

REGISTRATION FORMS MUST BE FOR INDIVIDUALS, FOR INDIVIDUAL COURSES, ACCOMPANIED BY INDIVIDUAL CHECKS.
Multiple registrations for people and/or courses, with checks for multiple registrations will be returned to sender and will NOT be registered. Send check or money order. **NO CASH**

Make payable to: **GUILDERLAND CSD**

SEND TO: GCSD, Continuing Education
Attn: Julie Adamec
PO Box 18
Guilderland Center, NY 12085-0018

Resident of School District? (Please circle) Yes No
Senior Citizen (over 60)? (Please circle) Yes No

PLEASE PRINT: Miss / Ms. / Mr. / Mrs. _____
(First Name) (Last Name)

ADDRESS: _____, NY _____
(Street) (City) (ZIP)

PHONE #: _____ **Email Address:** _____

COURSE: _____ **WEEKNIGHT:** _____ **\$ PAID:** _____ **CHECK #:** _____

REGISTRATION FORMS MUST BE FOR INDIVIDUALS, FOR INDIVIDUAL COURSES, ACCOMPANIED BY INDIVIDUAL CHECKS.
Multiple registrations for people and/or courses, with checks for multiple registrations will be returned to sender and will NOT be registered. Send check or money order. **NO CASH**

Make payable to: **GUILDERLAND CSD**

SEND TO: GCSD, Continuing Education
Attn: Julie Adamec
PO Box 18
Guilderland Center, NY 12085-0018

Resident of School District? (Please circle) Yes No
Senior Citizen (over 60)? (Please circle) Yes No

PLEASE PRINT: Miss / Ms. / Mr. / Mrs. _____
(First Name) (Last Name)

ADDRESS: _____, NY _____
(Street) (City) (ZIP)

PHONE #: _____ **Email Address:** _____

COURSE: _____ **WEEKNIGHT:** _____ **\$ PAID:** _____ **CHECK #:** _____

REGISTRATION FORMS MUST BE FOR INDIVIDUALS, FOR INDIVIDUAL COURSES, ACCOMPANIED BY INDIVIDUAL CHECKS.
Multiple registrations for people and/or courses, with checks for multiple registrations will be returned to sender and will NOT be registered. Send check or money order. **NO CASH**

Make payable to: **GUILDERLAND CSD**

SEND TO: GCSD, Continuing Education
Attn: Julie Adamec
PO Box 18
Guilderland Center, NY 12085-0018

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GUILDERLAND CENTRAL
SCHOOL DISTRICT

DIRECTOR OF
CONTINUING EDUCATION:

Jeff Gregory

8 School Road/ PO. Box 18
Guilderland Center, NY 12085
(518) 720-3573

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SUPERINTENDENT

Daniel Mayberry

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Guilderland

Central School District

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Continuing Education

Fall Session: 2026

- Mail Registrations must be postmarked by Sept. 4
- Register online Aug. 24-Sept. 4 at <https://guilderland.revtrak.net>
- Classes begin: Sept. 14